

Supplex swedish bitters 20 cl

Spirit at 18% vol.

with [F.A.L.® seaweed](#).

History

Swedish bitters was created in the early eighteenth century by the Swede Claus Samst after an old recipe known since Paracelsus called Theriac based on the principle of the effects of bitter flavours on the body.

Composition

Supplex swedish bitters is composed of around ten different plants that have macerated in alcohol with no added sugar or preservatives.

It is enriched by adding F.A.L.® seaweed.

Components: *Manna, Angelica, Rhubarb, Senna, Zedoary, Aloe, Myrrh, Camphor, Gentian, Saffron, Theriac, F.A.L. seaweed.*

Properties

Some plants of the Supplex swedish bitters stimulate and improve digestion. This is the case with gentian, angelica, rhubarb, aloe, Manna tree, myrrh, saffron, zedoary and senna.

Other plants increase the assimilation of the nutrients by generating less organic waste such as camphor.

The F.A.L.® seaweed provides minerals and trace elements essential to the body.

Instructions:

To obtain the beneficial effects of the bitters, take two treatments per year of 8 to 10 weeks in spring and autumn. Take 1 teaspoonful twice a day, pure or diluted in a hot or cold drink.

F.A.L.® seaweed:

- A judicious blend of Fucus, Ascophyllum, and Laminaria seaweed, naturally rich in micro-nutrients (magnesium, iron, phosphorous, calcium, etc.), substances essential in minute quantities to growth and the proper functioning of the body.
- Invigorating, low calorie and very nourishing, they help to rebalance modern food, often deficient in trace elements, vitamins and mineral salts.

An approved laboratory controls the seaweed selected and used by Supplex.